

## **GUIDELINES FOR IN HOUSE GUESTS**

To make your stay hassle-free, please follow our rules:

- Please bring your medical history & clinical report, if any, for Consultation.
- Every therapy and diet have its own specific therapeutic benefit. Therefore, personal choice is discouraged.
- Therapies will be prescribed depending upon your clinical condition and for optimum result. Please do not delay or request rescheduling, for that may lead to cancellation of therapy.
- Some treatments will not be prescribed during the menstruation period of female guests.
- Self-medication is prohibited. In case medication is essential, the same should be declared to consultant /duty doctor, who may permit you to use under the direction of the concerned in-house doctors. Further, drugs or medicines of any kind in your possession must be disclosed at the time of arrival.
- Tea, coffee, and aerated soft drinks are not allowed. Outside food and drink items (except fruits) are also prohibited.
- Use of mobile phones and other electronic devices is restricted on the campus except inside the guests' rooms.
- Alcohol, cigarettes, pan, gutka or any other forms of nicotine are prohibited. Since taking such items in our Campus is a major policy violation, a guest may be summarily discharged if found using or in or possession.
- Guests are not permitted to go out of the premises without the permission of the doctor/consultant.
- Kindly Do Not Bring valuable ornaments to the property. The management will not be responsible if there is any loss of such valuables.
- Avoid using laptop mobile, earphone etc. during your stay on the campus as gadgets will divert your attention from your health to other less important issues and defeat the purpose for which you have come here.
- Guests are advised to carry comfortable clothing like loose cotton garments (kurta-pajamas /salwar-kameez), sportswear (shorts, tracksuit, running shoes), and appropriate wear for winter and rainy season.
- A staff welfare fund is available for your appreciation, but tips are strictly prohibited.

It should be the endeavor of all to follow the rules and regulations, maintain decorum & preserve the sanctity of the place.

### **TERMS & CONDITIONS :**

- Government taxes will be charged in addition to the quoted price, and will be applied if applicable, based on the prevailing rates at the time of stay.
- In the event of a Force Majeure, Sri Sri Wellbeing may, at its discretion, issue a credit note to the guest. The credit note will be valid until the date specified by Sri Sri Wellbeing. The guest will not be entitled to make any further complaints about this matter.

- By registering at Sri Sri Wellbeing, you agree that Sri Sri Wellbeing does not make any promises, guarantees, or warranties that you will be cured of any health condition or disease.
- If you damage your room or any of the property within your room, we will automatically deduct the cost of repairing, replacing, or redecorating from your payment.
- If one of our team members becomes injured, ill, or experiences any other emergency that requires them to leave Sri Sri Wellbeing, it may impact the services we provide. This could mean that scheduled therapy, yoga, or talks may be cancelled or rescheduled. We will do everything we can to adapt to the situation and reduce the impact on your retreat experience. However, we will not be able to offer refunds or compensation in the event of such a scenario.
- Sri Sri Wellbeing is not liable for:
  - Events beyond our control.
  - Loss, injury, or damage to you or your personal property.
  - Physical, medical, or psychiatric conditions that develop during or after your retreat.
- The management of Sri Sri Wellbeing reserves the right to change, amend, add, or delete any of its policies without prior notice. These changes will be final and binding.
- By agreeing to these terms and conditions, I/we state that I/we wish to participate in the retreats offered by Sri Sri Wellbeing and all the activities offered, which could include but are not limited to: aerobic & resistance exercise, yoga, running, walks, indoor cycling, horse riding, tennis, sauna, swimming at the pool, and therapy treatments such as Ayurveda massage, osteopathy, CST, Meru Chikitsa, Naturopathy treatment, and beauty therapies.
- Furthermore, I/we confirm that I/we am/are voluntarily engaging in an acceptable level of exercise and Sri Sri Wellbeing is not responsible for any injuries or losses incurred while at the Centre, after leaving the Centre, or during transportation to or from the Centre.